

## Setter Upper Protocol for Covid-safe AESO rehearsals

### **Precautions**

- 1) Observe social distancing at all times – before, during and after the rehearsal.
- 2) No hugging, hand-shaking or lingering to chat.
- 3) Avoid touching shared surfaces as much as possible.
- 4) Sanitise hands frequently, particularly after bathroom visit.
- 5) Avoid talking loudly.
- 6) Wear a mask.
- 7) Wear gloves.

If you feel ill during a rehearsal, please inform Helen or Peter and leave immediately. The rehearsal will end at that point. Arrange a test for Covid and email Peter or Helen with the result.

Refer to the Player Protocol if you be a player as well as a setter upper.

### **Activities**

Unlock the hut.

Check the QR code is available and check in yourself.

Open the windows.

Wipe down light switches and door handles.

Set out a supply of disposable masks, gloves and sanitising products.

Set out the seats for all players and the conductor's rostrum.

Only use the hard plastic chairs.

Put name labels on the chairs.

Put the parts on the chairs.

Clear away the chairs at the end of the evening.

Put the parts back in the cupboard.

Dispose of any used masks etc in a safe manner – in a bin liner.

### **Personal Risk**

This protocol is designed to minimise the risks of catching Covid -19 during an orchestra rehearsal. However, we cannot guarantee to reduce the risk to zero. Individuals must decide on what level of risk is acceptable to them and follow their own common sense on this. The orchestra is not putting pressure on any member to attend a rehearsal if they do not feel comfortable.